



Bredon Hill Academy's Offer of Early Help for Families and Children





Level 1

The child or family are coping with life. The following is available to all:

<u>Organisation</u>	<u>Useful Link</u>	<u>Summary</u>
Support from Curriculum Teachers	Email office@bredon.worcs.sch.uk	Subject teachers and subject leads are available to help should a student have an issue in a specific subject.
Support from Form Tutors	See school website or email office@bredon.worcs.sch.uk	Form tutors are available to discuss any concerns you may have.
Support from Year Leader	Email office@bredon.worcs.sch.uk	Year Leaders are available to discuss any concerns you may have that cannot be dealt with by the Form Tutor.
Support from Leadership Team	Email office@bredon.worcs.sch.uk	The Leadership Team are available to deal with any serious incidents or worries.
Support from the Safeguarding Team	Email office@bredon.worcs.sch.uk	Mrs Dunkley, Mr Horton, Ms Vaughan or Miss West are available to deal with any concerns regarding to safety of any pupil.
PSHE Lessons	Member of staff in charge of PSHE is Mrs Matthews	PSHE is delivered through timetabled curriculum lessons. They cover a variety of up to date a relevant topics and may provide useful information for some pupils.
Lunchtime Clubs	Speak to subject teacher or form tutor	Many departments hold lunchtime clubs to aid and support pupils within their department. We also offer a homework club, where pupils can go along for general help with homework.

Level 2



The child or family have indicated that there is a problem that they may need support with. As a school, we can offer the following that may be able to provide the child or family with the help they require:

<u>Organisation</u>	<u>Useful Link</u>	<u>Summary</u>
Pupil Premium Support (for those eligible)	School website www.bredon.worcs.sch.uk	Various levels of support available. Please contact the office for further information.
Report Cards		To support behaviour or boost self-esteem.
SENCO Support	Email office@bredon.worcs.sch.uk	Contact Ms Vaughan.
Educational Welfare Officer		Monitoring for pupils who have low attendance.
Thrive	https://www.thriveapproach.com/	National programme for pupils with social, emotional or mental health concerns to support insecure attachment or trauma. Mrs Willy is our Thrive Practitioner.
Operation Encompass	https://www.operationencompass.org/	Notifications to school in the event of a pupil witnessing domestic abuse.
Kooth	https://www.kooth.com/	Website for pupils who are experiencing anxiety or welfare issues.

Early Help Assessment		An assessment made in school by either Mrs Dunkley, Mr Horton, Miss West or Ms Vaughan. This can help inform what further support is required.
Early Intervention Family Support	https://www.worcestershire.gov.uk/council-services/childrens-social-care/early-help-family-support	A referral can be made by school or by the family themselves. Early Help work with pupils and their families at home and in school.
Wellbeing Support		We have a post box called the 'Big Blue Box' where pupils can post a card if they wish to reach out to someone. This is monitored by Mrs Sidney and Mrs Willy.
The Hub		The Hub is a space in school for those pupils who cannot access the classroom for a reason linked to their emotional wellbeing. The Hub is managed by Mrs Sidney.
The Nest-School Counselling	Contact your Year Leader or Mrs Dunkley via the school office office@bredon.worcs.sch.uk	Kate Burrows is our school counsellor, she is available on Wednesdays and Fridays. Referrals to Kate are through Year Leaders or the pastoral team.
Lumi Nova	https://luminova.app/handw For our Worcestershire pupils https://luminova.app/gloucestershire For our Gloucestershire pupils	NHS endorsed therapeutic digital intervention (game) that helps children aged 7-12 years self-manage worries. A CBT based therapy for children with mild to moderate needs.



Level 3

Outside agency help, when we can't help in school.

<u>Organisation</u>	<u>Useful Link</u>	<u>Summary</u>
CAMHS CAST	https://camhs.hacw.nhs.uk/cast-parents/	CAMHS CAST is a service that is part of Worcestershire CAMHS. The CAST Team work with the school to consult and advise where parents and/or school are concerned about a student's mental health. Parents' consent is required.
Targeted Family Support	https://www.worcestershire.gov.uk/council-services/childrens-social-care/early-help-family-support/request-services-early-help-family-support Please visit the website for more details. Targeted Family support can be accessed by anyone through the Family Front Door on 01905 822666.	Once a referral has been accepted, a Targeted Family Support worker will work with families and children to manage and overcome difficulties and challenges that can occur at any point in a child's life, with the aim to stop it getting worse. Families can self-refer, or BHA can refer for you
Worcestershire Children First	https://www.worcestershire.gov.uk/council-services/childrens-social-care/refer-childrens-social-care	Information for parents (and professionals) across Worcestershire in relation to keeping children safe and avenues of support including early help options. This website provides information on the safeguarding of children (and adults) and includes all the agreed Worcestershire safeguarding and child protection procedures designed to prevent harm and neglect.
Food Bank Vouchers	Caring Hands, Evesham http://www.chands.org.uk/index.htm	BHA are a referral partner. If you are struggling financially and need a food parcel

		to help we can refer you. Please contact the school office.
Reach4Wellbeing	https://camhs.hacw.nhs.uk/reach4wellbeing/	The Reach4Wellbeing Team is part of the Child and Adolescent Mental Health Service (CAMHS). They offer short-term group support programmes for those experiencing mild to moderate emotional difficulties, specifically anxiety and low mood. Self referrals can be made or BHA can refer.
School Nurse	https://www.hacw.nhs.uk/services/service/school-health-nursing-15/	Although not based in school, we can access a school nurse should the family feel they need one.
PSCO	https://www.westmercia.police.uk/area/your-area/west-mercia/south-worcestershire/pershore-rural-south-and-rural-north/on-the-team/top-reported-crimes-in-this-area	Police Community Support Officers – support BHA students as and when required.
Cranstoun	Here4YOUth- https://cranstoun.org/help-and-advice/young-people/here4youth-worcestershire/	Here4YOUth offer advice, support and guidance for children, young people and family members of any age to cope with someone else's drug or alcohol misuse as part of the Worcestershire Family Support Service.
E-Safety (Online safety)	www.paceuk.info PACE (parents against child exploitation) UK is a useful website to engage parents with safety issues. https://www.thinkuknow.co.uk/parents/ CEOP is the Child Exploitation and Online Protection (CEOP) Centre. It's a one stop shop for most information about online safety.	Online Activity (phones, computers) can pose a serious risk to children. Many of the safeguarding issues we deal with relate to online use. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits.

	<p>www.internetmatters.org – A great site for helping parents keep their children safe online.</p> <p>#Wakeupwednesday https://nationalcollege.com/institutions/national-online-safety</p> <p>Smart Phone Free Childhood https://smartphonefreechildhood.co.uk/</p>	<p>Weekly updates in bitesize chunks to help keep your child safe online.</p> <p>Smartphone Free Childhood is a grassroots movement on a mission to keep childhood smartphone free.</p>
Radicalisation and Extremism	<p>http://educateagainsthate.com/</p>	<p>A government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this. All our staff are Prevent trained.</p>
Sexting	<p>Information about sexting and advice for supporting children about the risks of sexting can be found at: https://www.childnet.com/parents-and-carers/hot-topics/sexting</p> <p>Report Remove- https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/report-remove/</p>	<p>The term sexting is the sending or sharing of sexually explicit images or videos. NB - IT IS ILLEGAL TO STORE, SEND, SHARE sexual images of anyone under 18 even if it is created by a child under 18.</p> <p>Report Remove is there to help young people under 18 in the UK to confidentially report sexual images and videos of themselves and remove them from the internet.</p>
Get Safe	<p>http://www.worcestershire.gov.uk/getsafe Get Safe stands for: Gangs, Sexual Exploitation, Trafficking, Modern Day Slavery, Absent or Missing, Forced Marriage, Criminal Exploitation.</p>	<p>Get Safe is the Worcestershire name for multi-agency support and protection for children and young people at risk of Criminal Exploitation. The Get Safe partnership (police, health, education,</p>

		Children's services and a range of voluntary services) is committed to tackling Child Exploitation and supporting victims and their families who experience this.
Onside Advocacy	https://www.onside-advocacy.org.uk/	Social prescribers available through some local GP surgeries. Contact your surgery to see if this is a service they provide.
Your Space	https://www.onside-advocacy.org.uk/yourspace	Mental health support based in the Riverside Shopping Centre in Evesham. Open on Mondays 11am-5pm.
Debt Advice	https://www.moneyadvice.service.org.uk/en/tools/debt-advice-locator - Money Advice Service – set up by UK Government Tel: 0800 138 7777 https://www.citizensadvice.org.uk/debt-and-money/ - Citizens Advice	Dealing with money issues can be off-putting, a number of organisations are can provide the information to make the right choices to help you deal with debt problems.



Level 4

Specialist Support-beyond school.

Organisation	Useful Link	Summary
Children's Services	<p>https://www.worcestershire.gov.uk/council-services/childrens-social-care</p> <p>https://www.nspcc.org.uk/preventing-abuse/signs-symptoms-effects/ Please visit the website for more details and information about signs of abuse.</p>	If you or your family feel you need additional support to thrive then your concerns can be shared with the Family Front Door on 01905 822666 or a referral can be made online.
CAMHS	<p>https://camhs.hacw.nhs.uk/</p>	CAMHS stands for Child and Adolescent Mental Health Service. CAMHS work with Children and Young People that are having problems with their Mental Health. Referrals to this service can be made by your GP, the School Nurse or BHA.
MET (Medical Education Team)	<p>https://www.worcestershire.gov.uk/worcestershire-children-first-education-services/support-services/inclusion-support-services/medical-education-team#:~:text=The%20Medical%20Education%20Team%20discharges,and%20ongoing%20access%20to%20education. Please visit the website for more details.</p>	BHA can refer pupils to the MET when a medical condition seriously compromises a pupil's attendance at school. All referrals to the Medical Education Team must be supported by relevant medical evidence from an appropriate specialist service which is currently working directly with the young person.
CCAS	<p>https://www.worcestershire.gov.uk/worcestershire-children-first-education-services/inclusion-educational-settings/children-who-cannot-attend-school-ccas</p>	For children who are struggling to attend school. This services can only be accessed through school. Please contact Mrs Dunkley, via the school office for more information.