



BREDON HILL ACADEMY
SEX AND RELATIONSHIPS EDUCATION POLICY

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BREDON HILL ACADEMY RELATIONSHIPS AND SEX EDUCATION POLICY

Statement of intent

At Bredon Hill Academy we understand the importance of educating pupils about sex and relationships, in order for pupils to make responsible and well-informed decisions in their lives.

The DfE's guidance, 'Sex and Relationship Education Guidance', defines this programme as: "Learning about physical, moral and emotional development; understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and health." Bredon Hill Academy believes that care needs to be taken to ensure that there is no stigmatisation of children based on their home circumstances.

The programme will be taught objectively and does not intend to promote any form of sexual orientation.

Legislation

This policy will be compliant with the following guidance:

- DfE Sex and Relationship Education Guidance (2000)
- DfE Science programmes of study: key stages 1 and 2 (2013)
- DfE Science programmes of study: key stage 3 (2013)
- DfE Science programmes of study: key stage 4 (2014)

Documents that inform the school's RSE policy include:

Education Act (1996)

Learning and Skills Act (2000)

Education and Inspections Act (2006)

Equality Act (2010)

Supplementary Guidance SRE for the 21st century (2014)

Keeping Children Safe in Education - Statutory safeguarding guidance (2018)

Children and Social Work Act (2017)

Aims and objectives

The sex education and relationship programme is an opportunity for pupils to:

- Develop an understanding of relationships, sex and sexuality.
- Develop a range of appropriate personal skills.

The aims will be achieved through developing an understanding of:

- A range of values and moral issues including the importance of family life.
- The biological facts related to human growth and development, including reproduction.
- The importance of healthy relationships.

Definition of RSE

RSE is lifelong learning about physical, moral and emotional development and the importance of respect, love and care in relationships. RSE also teaches about sex, sexuality and sexual health.

Location and dissemination

This policy can be found in staff resources and is available to parents, on request. This policy should be used in conjunction with other relevant school policies.

Values framework

All those who teach aspects of RSE within school, including visitors, are expected to be guided by the following values framework which represents the values held in common by the whole school community. The personal beliefs and attitudes of the teachers will not influence the teaching of RSE. The teaching of RSE will encourage students to:

- Value and respect themselves
Value and respect others for who they are, not for what they have or what they can do
- Value healthy relationships which are based on mutual respect, care and goodwill
- Value and respect difference in people's religion, culture, sexual orientation, physical and mental ability and social background
- Value and respect their own and others rights to make choices in relationships after having accepted responsibility for considering the consequences of those choices
- Value stable and loving relationships, such as marriage, for the nurturing of children and as the basis of a society in which people care for one another.

The delivery of RSE at BHA

The majority of the programme will be delivered through Personal, Social and Health Education (PSHE) lessons with statutory aspects taught via the science curriculum.

Ground rules and distancing techniques are used to establish a safe environment to facilitate discussions and students are encouraged to reflect on their learning. At KS3, the primary resource used is taken from the DfE Sexual Relationship Guidance.

Students at Key Stages 2 and 3 receive a 1 hour lesson per fortnight of PSHE and through cross-curricular days as and when appropriate. The curriculum for KS2 and KS3 will be a 'spiral' curriculum.

Visitors to school, such as parents, health professionals and members of voluntary organisations, may be invited to contribute to SRE lessons. The Headteacher will ensure that the visitors' contributions to the lessons are in line with the learning outcomes of the school's RSE programme. A teacher will be present during the lesson.

Curriculum design

The RSE programme at BHA is an integral part of our whole school PSHE education provision and will cover learning about friendships and family, Developing skills such as

listening, negotiation and decision making means young people will be more prepared to take responsibility for, and enjoy, sexual and emotional relationships free from the unwanted consequences of sexual relationships such as sexually transmitted infections and the dangers of exploitation and abuse.

The teaching methods used follow established good practice. Selected resources including film clips and books will be used which will support and promote understanding within a moral/values context and underpin a wider cultivation and practice of resilience and positive virtues in the individual. Differentiated resources will be used and personalised in order to ensure accessibility for all. Pupils will be taught the facts and the law about sex, sexuality, sexual health and gender identity in an age-appropriate and inclusive way. It is recognised that there will be a range of opinions regarding RSE and therefore the starting principle when teaching each of these must be that the applicable law will be taught in a factual way so that pupils are clear on their rights and responsibilities as citizens.

Assessment will take place in the different topic areas and learning will be assessed through a range of different methods including:

- Diamond nines
- Discussion
- Draw and Write
- Formal debate
- Graffiti boards/sheets/post-it notes
- Leaflet design
- Mind map
- Mock radio or TV interview on a 'hot topic' • Open questions
- Presentations
- Quizzes or Questionnaires
- Review sheet
- Role play/Scenarios
- Sentence stems or rounds
- Song/rap, commercial, poem
- Team Challenges e.g. crossing the swamp
- The story so far: (where have we got to?)
- Word/brainstorm, thought shower
- Self assessment

Learning about relationships and sex education in PSHE education will complement learning in Science and also Religious Education.

Safe and Effective Practice

Teachers and pupils will agree ground rules at the start of each year and pupils will be reminded of the ground rules regularly during lessons. Pupils' questions will be answered factually in relation to RSE. Teachers should feel able to ask students to wait for an answer to a question if they wish to consult with SLT before answering. Pupils will be able to raise questions anonymously by posting anonymous questions in Q&A sessions.

Training of Staff

Training of staff will be scheduled around any updated guidance on the programme and any new developments which may need to be addressed in relation to the programme.

Learning outcomes for RSE

By the end of Year 8, pupils will have had opportunities to gain knowledge and skills necessary to build and maintain healthy relationships. They will also have considered their own and others' attitudes towards relationships and sex as they begin to develop positive values which will guide them in making healthy choices in their future relationships.

Working with Parents

BHA understands that the teaching of some aspects of the programme may be of concern to parents/carers. BHA will ensure that no teachers express their personal views or beliefs when delivering the programme. BHA respects the legal right of parents/carers to withdraw their child from all or part of the sex and relationship education programme, except for those statutory parts included in the science national curriculum.

Any parent wishing to withdraw their child is encouraged to make an appointment with the headteacher to discuss the matter. Pupils cannot be withdrawn from any part of RSE which falls within the National Curriculum.

Any complaint about the delivery or content of RSE should be addressed to a member of the leadership team.

Equal opportunities

RSE at BHA is guided by other policies including the Equal Opportunities policy, Anti-Bullying policy and the Safeguarding policy.

BHA understands and abides by The Equality Act 2010, and fully respects the rights of pupils and staff members, regardless of any protected characteristics that he/she may have.

BHA is dedicated to delivering the sex and relationship education programme with sensitivity and respect, avoiding any derogatory or prejudicial terms which may cause offence.

Confidentiality

Confidentiality within the classroom is an important component of sex and relationship education, and teachers are expected to respect the confidentiality of their pupils as far as is possible. However, teachers must alert the Headteacher or Designated Safeguarding Lead about any suspicions of inappropriate behaviour or potential abuse in accordance with BHA's Child Protection Policy.

Monitoring and review

This policy will be reviewed by the Headteacher in conjunction with teachers of PSHE on an annual basis.

Any changes to the policy will be clearly communicated to all members of staff involved in the relationship and sex education programme.