

Try using this word in your own sentence:

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Practise spelling this word:

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Other words you might  
associate with this:

**Define it:**

to  
walk slowly and  
with heavy steps,  
typically because  
of exhaustion or  
harsh conditions.

**Use it:** I  
trudged up  
the stairs.

**Draw an image to  
represent this word.**

**Link it:**

Synonym:  
tramp, lumber

Antonym :  
sprint, trot

**Read and say it:**  
**trudge (verb)**

**Deconstruct it:**

Original meaning was  
somewhat idiomatic,  
meaning "to walk using  
snowshoes." Probably of  
Scandinavian origin,  
compare Icelandic þruga  
("snowshoe"),  
Norwegian truga  
("snowshoe") and  
dialectal Swedish trudja  
("snowshoe").



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**WORD OF THE WEEK:**

23

**In what situation might  
you hear people using this  
word?**