

PE - SEPTEMBER 2026

Coming to School in PE kit.



CHANGES TO PE DAYS

- As of September 2026 you will be able to wear your PE kit to school on a PE day.
- There are lots of reasons for this, but the main one is so that we spend less time in the changing rooms and more time being active.
- This assembly is going to outline what we expect of you on a day when you have PE.



EXPECTATIONS

1. You check your timetable and you make sure that you wear PE kit on a day you have PE.

We have some kit to lend out to people who forget but not enough for everyone, so you have to be ready and responsible.

It will be recorded in Bromcom if you have forgotten your kit so parents / carers will be informed.



EXPECTATIONS

2. If you are not wearing your blazer then you have all the items you need for the day.

You will need to remember your bus pass, lunch card, pens / pencils. Maybe keep them in your bag rather than your blazer as you will always have your bag. Do not wear your blazer with your PE kit!!



EXPECTATIONS

3. Wear the correct BHA PE kit.

You are only permitted to wear the school PE kit. The top layer has a badge – polo shirt, ¼ zip, rugby jumper. **We must be able to see a school badge when you remove your coat. Other hoodies, jumpers, jackets are not allowed and will not replace a coat.** You will be asked to remove them and they will be confiscated.

The bottom layer can be the BHA leggings / joggers, navy blue / black skort or shorts, navy blue / black leggings / navy blue / black joggers. **Cycling shorts are not permitted. Branded shorts / football team shorts are not permitted.**

Think of your PE kit like a uniform.



EXPECTATIONS

4. No hoodies in PE lessons.

If you choose to wear the BHA hoodie to school on a PE day, you will be asked to take it off for your PE lesson. This is due to health and safety. If the hoodie is the only warm layer you have with you then you might get very cold.



EXPECTATIONS

5. Bring any other PE items that you need.

This includes shin pads for football and hockey, boots for rugby and football, gum shield for hockey. When you are wearing shin pads you also need long blue football socks.



EXPECTATIONS

6. Be prepared for bad weather.

We will still be going outside if it's wet. It would be a good idea to have a spare PE kit with you (including socks) so that you can change into something dry. Hoodies or jumpers without the school badge will not be allowed. We will give you time to change into something dry on a wet day. This could even be your full school uniform if you don't have enough spare PE kit.



EXPECTATIONS

7. If you want to take part in football or rugby club then you bring the correct kit with you.

You won't be coming to school in PE kit just for a club – you must bring your kit with you. If you don't have your kit then you will be unable to take part. For netball, rounders and tennis clubs you will just need your trainers. If it's wet / cold you might want to pack a $\frac{1}{4}$ zip or rugby jumper to keep your uniform dry.



EXPECTATIONS

8. Remember the warm layers that make you more comfortable when it's really cold.

Bring gloves, bobble hats (hopefully there will be a BHA one in the School Shop soon), base layers in the winter. We will still be going outside if it's cold.



EXPECTATIONS

9. Take responsibility.

Make sure you pack your own kit. It is your responsibility to have everything you need. Check your timetable the night before and get organised!!!!



EXPECTATIONS

10. Remove / cover earrings.

You will need to remove / cover earrings for all PE activities and take off your watch for most of them. It is up to you to have tape to cover earrings in your PE bag. If you can take out earrings out and leave them at home, that would be the best option.



EXPECTATIONS

11. Wear appropriate sports trainers.

It is important that you come to school in appropriate footwear for physical activity. Hi-top trainers, Nike air force style shoes or fashion pumps are not permitted and are unsuitable.



EXPECTATIONS

12. Consider your personal hygiene

If you get hot and sweaty you might want to change your polo shirt (so make sure you have a spare with you) and your socks. Sweaty socks will make your trainers smell.

If you get very wet because we are out in the rain you might want to change some or all of your kit so that it doesn't stay damp and start to smell.

It would be a good idea to have a roll on deodorant in your PE bag. Remember that aerosols (spray deodorant) and perfume sprays are not allowed.





Optional



Compulsory







WORK WITH US

- Remember your kit on a PE day.
- Wear the correct kit.
- Don't try and push the boundaries with jumpers / hoodies / jackets that are not kit. You will be disappointed when they are taken off you.
- Be prepared so you have all the items and warm layers that you need.
- For this new way of doing things to work it needs to be hassle free for the PE department.

