

Bredon Hill Academy Remote Learning

Subject: Food and Nutrition Year 7 Summer 2

Week Beginning	Area of Study	Resources
6/6/22	Factors affecting food choice, links to the dietary needs of young people. The importance of balanced meals and Consider ways in which recipes can be modified and think about planning meals to meet specific nutritional needs.	https://www.bbc.co.uk/bitesize/guides/z7yttv4/test
20/6/22	Function of ingredients. How to make bread. Have a go at making bread if you can. Research the function of bread ingredients.	https://www.bbc.co.uk/bitesize/topics/zypsgk7/articles/z39rmsg
4/7/22	Farm to fork process. Choose one of the Tesco Farm to Fork clips. Describe the process using a flow diagram. Include pictures and key words	https://www.youtube.com/playlist?list=PLPByZBLrw9YppZLq10PvAOYEV3RIuK33H