



Bredon Hill Academy

Safeguarding and Wellbeing Newsletter



Safeguarding Our Children Together

No. 1
Autumn Term
2019

Issue in Focus: Mental Health

Welcome to the first edition of Bredon Hill Academy's Safeguarding Newsletter. It is hoped, that through a termly newsletter, we can keep you up to date with the latest information regarding how we at BHA safeguard our students. We will also give you relevant information to signpost you in the right direction if you have worries or concerns about your child.

****NEW**** Mental Health and Wellbeing page has been launched on our school website. This features numerous resources which you may find helpful. The webpage can be found by clicking the following link:

<https://www.bredon.worcs.sch.uk/page/?title=Mental+Health+and+Wellbeing&pid=191>

Overleaf is our Mental Health Pathway illustrating the services we can provide if you are worried about your child.

GENERAL ON-LINE SUPPORT AVAILABLE:

There are many issues that may (or may not) arise during the teenage years.

Concerned that your child is anxious or worried? You might find the following website of use:

www.minded.org.uk/families

Protecting against the possibility of Child Sexual Exploitation:

<http://paceuk.info/>

Does your child need someone to talk to? Free, online support available on the following website:

www.kooth.com

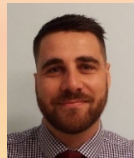
Meet the Safeguarding Team



Miss D West
Acting Headteacher and
Deputy DSL



Mrs K Dunkley
Acting Assistant Head and
Designated Safeguarding Lead (DSL)



Mr S Timpson
Acting Assistant Head, SENCO
and Deputy DSL



Have you seen a change in their behaviour or routines? Do they have unexplained money, clothing or gifts? Do you think they maybe being criminally exploited?

What does criminal exploitation mean?

This is when children are used by people, sometimes older or in gangs or groups, for criminal activity such as carrying or selling drugs/ weapons, running money, involved in robberies or hiding things.

When children are sent by others to commit crime that is of benefit to the person, gang or group, this is criminal exploitation and trafficking.

It is important to know you are not alone. There are many parents and carers in similar situations and there are things you can do:

- Speak to your child and tell them what you are worried about.
- Let them know they are not in trouble and that you are worried.
- If your child has missed a curfew time and you have exhausted all avenues to locate them, consider reporting them missing to the police.
- Where possible keep a record of any worrying activity as it will help find out what is happening.
- Be aware that there may be threats against you or your family that your child is worried about from those who are exploiting your child. Your child may believe they are protecting you.
- Look at the advice available to you and your family on the other side of this leaflet and seek help and support.



Anonymous - Crime stoppers: 0800 555 111

Concerned about a child or young person at immediate risk of harm Police 999

Contact Missing People line: 116 000
24hours 7 days a week.

Missing people advice line: 02083925710
free and confidential advice 10am - 6pm

Request for help and support
via our family support service:
www.worcestershire.gov.uk/requestfamilysupport

Refer your child/ young person to
Children's Social care: 01905 822666

GET SAFE is supported by:



Designated Safeguarding Lead: Mrs K Dunkley

Deputy Designated Safeguarding Leads: Miss D West and Mr S Timpson



Bredon Hill Academy Mental Health Pathway



Whole School Approach to Mental Health

There is a whole school approach to positive Mental Health and Wellbeing that seeks to create a culture of inclusiveness and communication that ensures all young peoples concerned can be addressed.

The stigma of mental health is challenged via themed assemblies, safeguarding and mental health newsletters, a mental health and wellbeing hub and specific curriculum focus. All staff have been trained in Mental Health First Aid to recognise and respond when a pupil may be struggling with their mental health.

Pupils who are identified by any member of staff, parent or peer as struggling with their mental health are discussed at Pastoral Safeguarding Meetings. Parents are contacted and the views of the pupil are collected using a Mental Health Questionnaire. Support may be put in place depending on the mental health need of the pupil. This includes:

