



# Bredon Hill Academy

## Safeguarding and Wellbeing Newsletter



### Safeguarding Our Children Together

No. 4  
Summer  
Term 2021

Welcome to the fourth edition of our Safeguarding Newsletter. We would like to share with you some of the support we offer as a school, as well as some of the wider organisations we can signpost you to for help and support should you, as a family, require it.

#### **Early Help- What is it?**

Early Help is taking action early to provide support where problems are emerging for young people and their families. Early Help support may be provided at any point in a young person's life. Early Help support can be offered depending on the level of need. In most cases, support in school may be all that is needed to help a young person or their family. In other cases, support from agencies outside of school may be offered.

At Bredon Hill Academy our Early Help Pathway is outlined on our school website:

<https://www.bredon.worcs.sch.uk/page/?title=Supporting+our+Families+%2D+Early+Help&pid=213>

We offer support at the following levels:

Level One: Universal Support- Available to all.

- Support from Tutors, Year Leaders, Safeguarding Team, through informal chats with staff and PSHE lessons.

Level Two: Additional In School Support- If you need something more.

- Pupil Premium, SENCO, Educational Welfare Officer (attendance), Thrive, Pastoral Mentoring, Well-being Support, Kooth (website), Referral to Early Intervention Family Support (Worcestershire Children First).

Level Three: Outside Agency- Support if we can't help

- CAMHS CAST, Referral to Targeted Family Support (Worcestershire Children First), Food Bank Vouchers (Caring Hand Evesham-we can refer you), Reach4Wellbeing, School Nurse (not based in school) and our local PCSO.

Level Four: Specialist Support (often accessed direct or via GP with the help of school)

- Children's Services (Social Care), CAMHS and Medical Education Team

For further information and links, please see the school website or click on the link above. If you would like to discuss any of the above, please contact the school office.

**Designated Safeguarding Lead: Mrs K Dunkley**

**Deputy Designated Safeguarding Leads: Miss D West and Mr S Timpson**

# kooth

Free online counselling support for young people!  
Discover everything Kooth has to offer



Sign up for free at [Kooth.com](https://www.kooth.com)



**We are a referral partner!**

## End Period Poverty!

The Department for Education, along with many leading pharmaceutical providers have implemented a new Period Product Provision programme to ensure free period products are available to pupils who need them.

It is believed that 1 in 10 young women do not have the funds to access the period products they need.

We have signed up to the scheme and are able to offer sanitary products to those most in need. Next academic year we will be placing a box of sanitary products in toilets for pupils to take in an emergency.

If you need any further help or support, please contact the school office and ask for Mrs Dunkley.

## 10 APPS TEENS ARE USING THAT PARENTS NEED TO KNOW



**Calculator%**  
This app looks like a calculator but functions like a secret photo vault.



**Omegle**  
A free online chat website that promotes chatting anonymously to strangers.



**Snapchat**  
This is the way most teens communicate with each other. Sending messages and snaps that disappear within seconds and stories go away after 24 hours. Teens live for a "streak" of communication.



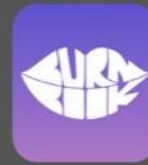
**Whisper**  
An anonymous app where the creators promote sharing secrets and meeting new people.



**Ask.fm**  
Ask an anonymous question and get an answer. This app has been linked to the most severe forms of cyberbullying.



**Hot or Not Strangers**  
rate your profile. Goal is to lead to a hook up.



**Burn Book**  
Post anonymous rumors about people through audio messages, texts, and photos.



**Wishbone**  
An app that allows users to compare kids against each other and rate them on a scale.



**Kik**  
Messaging app. Kik has built in apps and web content that would be filtered on home computer.



**Instagram**  
Many kids are now creating fake accounts "finsta" to hide content from parents. Kids also like to text using Instagram because most kids know parents won't check messages.

FOR MORE INFO: [APPSOLUTELYAPRIL.COM](https://www.appsolutelyapril.com)

Please note: Due to the nature of the Internet and App Store, web and app resources change often. Any outdated material will be corrected and updated.  
This graphic was created by April Requard.

**Designated Safeguarding Lead: Mrs K Dunkley**

**Deputy Designated Safeguarding Leads: Miss D West and Mr S Timpson**

## We are proud to be a Caring Hands referral partner!

It is a sad but true fact that the pandemic has hit some families hard when it comes to making ends meet. We are extremely lucky to have partnered up with Caring Hands, a food bank in Evesham. We are able to refer families who need some help with everyday groceries and toiletries. For further information contact the school office and ask for Mrs Dunkley or alternatively please go to:

<http://www.chands.org.uk/>



For the latest information regarding online safety please visit:

<https://nationalonlinesafety.com/>

Sign up for their #wakeupwednesday updates!

## Online Grooming

**What is grooming and how does it work?** Grooming is a process used by people with a sexual interest in children to prepare a child for sexual abuse. It is often very carefully planned and it can take place over weeks, months or even years.

**Building a relationship-** Grooming is about making a child think that sex with the offender is normal or that they have no choice. Offenders do this by building a relationship and emotional connection with the child.

This relationship can take different forms.

- They could try to convince the young person that they are in a loving relationship as boyfriend or girlfriend.
- They might become a mentor to the young person, making them think they are someone who can help them or teach them things.
- Sometimes they will become a dominant figure in a young person's life, perhaps by having a relationship with their parent or caregiver.
- They may also build a relationship with the child's family, making them think that they are someone who can be trusted with the child.

One of the most sinister aspects of grooming is the way in which it so closely mimics genuinely positive relationships. This can leave its victims very unsure of who to trust, sometimes assuming that they can trust no one, even people who seem to be nice and to care.

**Gaining power over a child-** In all of these relationships they will be looking to gain power over the young person. This enables them to manipulate or coerce them into sexual activity.

If a young person feels they are in love, this gives an offender power. The offender can emotionally blackmail the child by threatening to withdraw their affection or saying, 'if you loved me you would.'

Offenders also blackmail children by threatening to share secrets that the child has told them. In some cases they will tell the child there will be terrible consequences for refusing to do sexual things.

Offenders will use any means they can to exert power over a young person.

**Keeping it secret-** In all cases they will look to make sure that the young person won't tell anyone else about the abuse, telling them to keep it secret.

They often tell young people that no one will believe them, or that if they tell anyone they will be the one in trouble. This is why it is so important to tell a young person that you believe them and do not blame them if they disclose they have been sexually abused.

**Designated Safeguarding Lead: Mrs K Dunkley**

**Deputy Designated Safeguarding Leads: Miss D West and Mr S Timpson**

WHEN SOMEONE ASKS YOU  
TO DO THINGS THAT FEEL  
WRONG OR MAKE YOU FEEL  
UNCOMFORTABLE IT'S NOT OKAY!

If you, or a friend, are in immediate  
danger or want urgent help,

**call 999**

immediately and talk to the police.

If you are worried that you or a friend may  
be being exploited. What can you do?

You need to talk to an adult who you  
trust. This may be a Parent, Carer, Family  
Member, Teacher, School Nurse, Family  
Friend. If you don't want to talk to  
someone you know, you can also talk to:

Worcestershire Children First:

**01905 822666 (daytime)**

Child Line:

**0800 1111**

Crime Stoppers:

**0800 555111**

**Get Safe**

Connecting Services to Keep People Safe

## A YOUNG PERSON'S GUIDE TO KEEPING SAFE

DOES IT FEEL  
LIKE SOMETHING  
ISN'T RIGHT?

LISTEN TO YOUR  
INSTINCTS!

BE AWARE.  
STAY ALERT AND  
KEEP SAFE!

**TELL SOMEONE**

[www.tell-someone.org](http://www.tell-someone.org)